



## Through the Heart: Creative Methods of HIV and AIDS Education

(Wezeman, Phyllis Vos. Leeds, MA: LeaderResources, 2011)

- Create a quilt to show compassion ...**
- Design a dance to teach transmission ...**
- Perform a drama to identify symptoms ...**
- Play a game to learn vocabulary ...**
- Share a story to highlight treatment ...**
- Sing a song to promote prevention ...**

These activities, plus many more, are included in the book *Through the Heart: Creative Methods of HIV and AIDS Education* by Phyllis Vos Wezeman. The resource was published by LeaderResources, Leeds, MA, 2011.

The 496 page book is a resource collection of creative activities and learning experiences to enable children and youth, as well as people all ages, to explore HIV and AIDS as it relates to nine themes: World, Nation, State, Community, Neighborhood, School, Congregation, Family, and Self.

Each Chapter contains an introduction to the topic and one or more activities using each of the following methods: Architecture, Art, Banners/Textiles, Cartoons, Clown/Mime, Creative Writing, Culinary, Dance, Drama, Games, Music, Photography, Puppetry, and Storytelling.

According to the author, "the activities are designed to involve the student as an active participant in learning rather than a passive recipient of information. The more the student is engaged in the process, the more powerful the effect on his or her life."

Lessons in *Through the Heart* form the basis of the work of Malawi Matters Inc., a 501©(3) organization that delivers "Creative Methods of HIV and AIDS Education" training courses for key leaders in Malawi, Africa.

*Through the Heart: Creative Methods of HIV and AIDS Education* is available from Active Learning Associates, P. O. Box 1251, Mishawaka, IN 46546 / [www.alassociates.com](http://www.alassociates.com) / 574-255-3570 or LeaderResources, P. O. Box 302, Leeds, MA 01053 / [www.leaderresources.org](http://www.leaderresources.org) or 800-941-2218. It sells for \$29.95.